



**Welcome to  
Nationally  
Recognized Care  
That Feels Like It's  
Coming From Family**



**Altercare**

Integrated Health Services

**Compassion. Innovation. Quality.**



## **Welcome to Altercare**

When you cross the Altercare threshold, you become family. We pledge to treat you and your loved ones as we would our own, with dignity and respect, and the latest innovative care approaches and specialized expertise. Our integrated health services includes post-acute skilled nursing care and rehabilitation, as well as senior living in select centers. With more than four decades of experience and best practices shared across our 28 centers, we bring the competence and heart that your family deserves.

### **Compassion.**

At Altercare, we deliver the highest quality care in a compassionate and dignified spirit. Our wide range of proficiency and care environments enhance healing and recovery for individuals following a hospital stay or surgery, and extend home-like comforts and around-the-clock skills for our long-term residents.

### **Innovation.**

Advanced technology, proactive communication protocols and highly specialized programs and services represent our commitment to ensuring that families who count on Altercare receive the best possible care experience.

### **Quality.**

We're nationally recognized for our care team's dedication to quality and place top priority on restoring and enhancing the well-being of those we serve.

## Like Family

Altercare serves patients throughout Ohio and Michigan, delivering care from the heart. As a family-owned company, Altercare is dedicated to one simple principle – restoring the health and well-being of patients with care and compassion.

Goals of quality, customer service and employee satisfaction provide a firm foundation for industry-leading service. From inception, Altercare's founding family, the Schroers, have embraced local families, community partners and educational institutions. Contributing to those served, lends to the Schroer family mantra, "Pay it back!"

This philosophy permeates the entire Altercare family of companies, which includes Absolute Health Services, providing pharmacy, rehabilitation, skilled home care and hospice and Avalon Food Services.

## Feels Like Home

Our home-like comforts combine private rooms, flat screen TV's, Wi-Fi and direct-dial phone service. Amenities include housekeeping and laundry, a beauty/barber salon and restaurant-style dining. We have regularly scheduled recreational activities and outings at each of our centers. We also offer spiritual care, memory care and at select centers, independent and assisted living.



# Rehabilitation

Individualized therapy programs ensure that every patient need is addressed and measurable progress is celebrated daily.

- A full range of accelerated and coordinated therapies restore or even enhance a patients' pre-surgery or pre-illness level of function.
- Sophisticated and comprehensive rehabilitation equipment.
- Patient education regarding diagnosis, treatment program and post-rehab activities.

## Therapy: 7 Days a Week

We provide specialized, multi-disciplinary therapy programs to help patients heal and return home following surgery or injury:

**Orthopedic Therapy:** Strengthening programs, balance assessments, and practical, hands-on training in safe transfer. We are specially trained in knee, shoulder and hip replacement precautions and protocols; foot evaluation and orthotic fabrication; comprehensive back care and amputee rehabilitation. We offer advanced pain management strategies and holistic care.

**Stroke Therapy:** Our stroke therapy team is certified through the National Institute of Health and provides one-on-one care to patients recovering from a brain injury or illness. The program includes comprehensive speech therapy.

**Cardiovascular Therapy:** Personalized instruction in exercise, nutrition, stress reduction, smoking cessation and education, as well as a physician-directed plan for continued cardiovascular rehabilitation at home.

**Physical Therapy:** Full-service physical therapy, from conditioning and strengthening, balance retraining, gait analysis and transfer training, to neuromuscular retraining, fine motor skill therapy and orthotics consulting.

**Occupational Therapy:** We specialize in adaptive equipment assessment and instruction; cognitive and neuromuscular retraining, including joint range, strengthening and endurance; splinting; visual-perceptual skills development; wheelchair and seating evaluation.



## Skilled Nursing Care

Our skilled nursing centers provide an extremely high level of care in a family-oriented, compassionate setting. We partner with our patients to preserve independence and actively participate in planning their healing journey, whether a short or extended stay. Often, our care begins with personalized discharge planning at the hospital to ensure a smooth transition.

- We provide a transitional care nurse to help successfully transition patients from hospital through rehabilitation and back home.
- Our certified wound care nurses address proactive wound prevention and care management.

## Extended Care

At our long-term skilled nursing care centers, residents enjoy delicious, nourishing meals prepared daily and served restaurant-style. Daily menus offer fresh choices, and our registered dietitians also customize options to meet individual needs. Our residents keep active and engaged with physical and mental exercises, social interaction, creative expression and entertainment.

## Palliative and Hospice Care

Our Comsol™ program helps preserve patient comfort and quality of life when facing complex, life-altering illness and end of life. We provide on-site palliative and hospice care to support patients and families with symptom management, pain relief and connections with spiritual care and support group resources.

## Innovation Elevates Care

At Altercare, we invest in and embrace the latest healthcare technology with direct impact on our residents' quality of life. Our team culture encourages new ideas to enhance care delivery and the sharing of best practices across all of our care centers. The result is an ever-evolving mode of efficient, high quality care and communication. Examples of innovation enhancing care:

**Heart Shield:** our proactive congestive heart failure prevention and management program empowers care providers and families to proactively identify and address symptom changes related to congestive heart failure. Early identification can have an immense effect on quality of life and health outcome, often preventing hospital re-admission.

**Healing Pathway:** this program assigns a transitional care nurse to begin assessing a patient's needs before the patient is welcomed at an Altercare Center and serves as the individual's advocate with the entire multi-disciplinary team throughout their stay and even after they return home.

**Passport:** a medication dispensing machine which improves accuracy and makes medications available on site, eliminating delivery wait times.





## Recognized for Excellence

Altercare's dedication to innovation, quality and compassion regularly earns industry recognition.

With a culture that embraces the sharing of best practices across our organization, our centers annually receive top recognition from healthcare quality benchmark organizations. Altercare corporate supports employees' professional development, is constantly seeking to improve protocols and efficiencies and continually supports new technology.

The **American Health Care Association and National Center for Assisted Living** (AHCA/ NCAL) recognize care centers who excel in quality care. The National Quality Award Program challenges member providers to achieve performance excellence through three progressive levels—Bronze, Silver, and Gold.

**Centers for Medicare & Medicaid Services** (CMS) applies a Five-Star Quality Rating System to help consumers, their families and caregivers compare nursing homes, applying overall center ratings and assessment of health inspections, staffing and quality measures.

**US News & World Report Best Nursing Homes** yearly report highlights the top nursing homes in every state, and ratings cover almost 16,000 nursing homes nationwide. This distinguished award draws data from the Centers for Medicare & Medicaid Services on care, safety, health inspections, staffing and more for nearly every nursing facility in the U.S.

*View individual Altercare facility awards and recognition online at [Altercareonline.com](http://Altercareonline.com).*

**CRAWFORD****Bucyrus***Skilled Nursing & Rehabilitation***CUYAHOGA****Mayfield Village***Skilled Nursing & Rehabilitation***Saint Joseph***Skilled Nursing & Rehabilitation**Senior Living***FAIRFIELD****Lanfair***Skilled Nursing & Rehabilitation***FRANKLIN****Canal Winchester***Skilled Nursing & Rehabilitation***Hilliard***Skilled Nursing & Rehabilitation***HOLMES****Majora Lane***Skilled Nursing & Rehabilitation***JEFFERSON****Adena***Skilled Nursing & Rehabilitation***LAKE****Mentor***Skilled Nursing & Rehabilitation***LICKING****Newark North***Skilled Nursing & Rehabilitation***Newark South***Skilled Nursing & Rehabilitation**Senior Living***MEDINA****Wadsworth***Skilled Nursing & Rehabilitation***MUSKINGUM****Zanesville***Skilled Nursing & Rehabilitation***NOBLE****Summit Acres***Skilled Nursing & Rehabilitation**Senior Living***PERRY****Thornville***Skilled Nursing & Rehabilitation***Somerset***Skilled Nursing & Rehabilitation***PORTAGE****Post-Acute***Skilled Nursing & Rehabilitation***STARK****Alliance***Skilled Nursing & Rehabilitation***Country Lawn***Skilled Nursing & Rehabilitation***Hartville***Skilled Nursing & Rehabilitation***Louisville***Skilled Nursing & Rehabilitation***Navarre***Skilled Nursing & Rehabilitation**Senior Living***Nobles Pond***Skilled Nursing & Rehabilitation***SUMMIT****Cuyahoga Falls***Skilled Nursing & Rehabilitation***Western Reserve***Skilled Nursing & Rehabilitation***MECOSTA, MI****Big Rapids***Skilled Nursing & Rehabilitation***Altercare**

Integrated Health Services

**AltercareOnline.com**